

Dr. DANIEL RAY G. SINDO, PT, DPT, Cert. MDT, CKTP, ART, CAMT

QUALIFICATION:

- A dedicated Physical Therapist with 15 years of clinical and administrative experience.
- Extensive experience with Geriatric Rehabilitation, SNF Sub-Acute/Short-Term Rehabilitation, and Orthopedic Manual Physical Therapy. Attended more than 1000 hours of continuing education (orthopedic manual physical therapy).
- Proficient in the application of eclectic approach of orthopedic manual physical therapy.

EDUCATION:

- **Doctor of Physical Therapy**, University of St. Augustine for Health Sciences.
- **Bachelor of Science Major in Physical Therapy**, University of Perpetual Help, Laguna, Philippines.

EMPLOYMENT:

- **Owner/ Practicing Orthopedic Manual Physical Therapist** (Oct 31, 06 to present). ELITE AQUATIC PHYSICAL THERAPY AND REHABILITATION, P.C./ SINDO MANUAL PHYSICAL THERAPY (DBA).
- **Part time-Staff Physical Therapist** (Oct 15, 2007 to Feb 27, 2009). MAX MEDICAL PLLC. SPINE AND ARTHRITIS CENTER.
- **DIRECTOR OF REHABILITATION SERVICES** (Sept 2001-Oct 2006). HAYM SALOMON HOME FOR NURSING AND REHABILITATION.
- **Practicing Orthopedic Manual Physical Therapist** (April 2004-Oct. 31, 2006). PHYSICAL THERAPIST UNLIMITED, PLLC.
Provide highly specialized hands-on eclectic manual therapy treatment, particularly with patients with spinal dysfunction.
- **ASSISTANT DIRECTOR OF REHABILITATION SERVICES** (April 2001-Sept. 2001). KINGSBRIDGE HEIGHTS NURSING HOME
- **DIRECTOR OF REHABILITATION SERVICES** (Nov 2000- April 2001). HAYM SALOMON HOME FOR NURSING AND REHABILITATION.
- **ASSISTANT DIRECTOR OF REHABILITATION SERVICES** (Nov 1998-Nov 2000). HAYM SALOMON HOME FOR NURSING AND REHABILITATION.
- **STAFF PHYSICAL THERAPIST** (Oct.1997-Nov.1998) SHEEPSHEAD NURSING HOME AND REHABILITATION CENTER.

SEMINARS ATTENDED:

ART: Active Release Technique (999-396-2727).

Active Release Techniques Soft Tissue for the Upper Extremity (January 8-11, 2009). 24 contact hours.

Active Release Techniques Soft Tissue for the Lower Extremity (October 1-4, 2009). 24 contact hours.

Active Release Techniques Soft Tissue for the Spine (January 7-10, 2010). 21 contact hours.

Active Release Techniques Soft Tissue for Nerve Entrapment Syndromes (April 17, 2010). contact hours.

Active Release Technique – Masters (02/26/1011). 4 contact hours.

Acumed Medical Ltd. (800-567-7246).

ETPS Neuromechanical Therapy. (May 31-June 1, 2008).16 contact hours.

American BackPain Center (www.americanbackpaincenter.com (586-716-2937)

Strategic Orthopedics 1 – Lumbar. (August 27-30, 2009). 33 Contact hours.

American Dry Needling Institute / Fascial Integrated Therapy Institute (303-516-0595).

Certification in Dry Needling For Pain Management (October 7 -9, 2011). 25 contact hours.

Barral Institute (800-311-9204).

NM-1:Neuromeningeal Manipulation: An Osteopathic Approach to Trauma (January 16-18, 2009). 18 contact hours.

VM-1: Visceral Manipulation Abdomen: May 14-17, 2009. 24 Contact hours.

Education Resources, Inc (800-487-6530).

Kinesio Taping: Fundamentals and Beyond KT1, KT2, & KT3 (May 5-7, 2006). 20 contact hours.

Diagnosis and Treatment of Movement Impairment Syndromes-Level 1. (April 10, 2010) . 15.6 contact hours.

Fascial Manipulation Workshops (508-457-1245).

Part 1A: (February 12-13, 2011). 18 contact hours.

Part 1B: (March 5-6, 2011). 18 contact hours.

Part 2: (November 11-13, 2011). 23 Contact hours.

Functional and Kinetic Treatment with Rehabilitation, Provocation and Motion (828-505-4272).

FAKTR-PM Seminar (Nov. 14-15, 2009). 13.5 contact hours.

Great Lakes Seminars (800-210-6826)

An Introduction to Vestibular Rehabilitation (June 10-11, 2006). 13 contact hours.

Hands On Seminars (888-767-5003):

Evaluation and Treatment of the Cervical Spine Pathology (8/28/04- 8/29/04). 20 contact hours.

Advanced Manipulative Therapy (AMT) for the Lumbosacral Spine (01/29/11-01/30/10). 19.2 contact hours.

Advanced Manipulative Therapy (AMT) for the Cervical and Thoracic Spines (10/30/10-10/31/10). 19.2 contact hours.

Advanced Manipulative Therapy (AMT) for the Extremities (04/2/11-04/3/11). 19.2 contact hours.

Health Educators of America (800-743-2387)

Cervical/Cervicogenic Headaches Home Study Course (6/26/2006). 10 contact hours.

Integrative Manual Therapy Solutions (800-241-0085):

Lumbo-Pelvic Integration (March 13-21, 2005). 30 contact hours.

Cervical Thoracic Integration (April 14-17, 2005) 30 contact hours.

Jones Institute (760-942-0647):

Strain Counterstrain for the Spine (10/8/04-10/10/04). 20 contact hours.

Kinesis, Inc (888 546-3747).

Anatomy Trains for Myofascial Meridians for the Movement Therapist. (February 19-21, 2010). 21 Contact hours.

Levy Approach to Neuromuscular Reeducation (805-637-8033):

NMR level 1 (09/11/2010-09/12/2010).

Maitland-Australian Physiotherapy Seminars (631-298-5367):

MT1: Basic Peripheral Seminar (11/5/04-11/7/04). 24 contact hours.

MT2 Basic Spinal Seminars (10/15/04-10/17/04). 24 contact hours.

MT3: Intermediate Spinal Seminar (3/4/05-3/6/05). 29 contact hours.

MT4: Differential Assessment and Clinical Reasoning Seminar (9/23/05-9/25/05). 29 contact hours.

UK Spinal Manipulation (Sept. 20-21,2008). 15 contact hours.

Myopain Seminars (301-656-0220)

MTT-1: Foundations of Trigger Point Therapy-The Shoulder Girdle (11/06/10-11/07/10). 16 contact hours.

Neuro Orthopaedic Institute (866-822-1003).

Mobilization of the Nervous System (March 25-26, 2006). 14 contact hours

New York Institute of Technology (516-686-7490)

Biomechanical Evaluation of the Foot and Ankle and Treatment with Sub-Talar Neutral Orthoses (May 11-13, 2006). 17 contact hours.

North American Institute of Orthopedic Manual Therapy (800-076-5550)

Thrust Manipulation of Selected Extremity and Spinal Joints (June 22-23, 2008). 14 contact hours.

Northeast Seminars (800-202-2044).

Mulligan Concept: Introductory Course Mobilization with Movement, “NAGS”, “SNAGS”, and More (8/14/04-8/15/04). 13 contact hours.

Mulligan Concept: Lower Quadrant “SNAGS”, SMWLM and More (9/18/04- 9/19/04). 13 contact hours.

Recent Advances in the Evaluation and Treatment of the Shoulder and Knee (April 21- 23, 2006) 19.25 contact hours.

Diagnosis of Mechanical Dysfunction and Stability Retraining of the Hip (Oct 1-2, 1/2006). 14 contact hours.

Functional and Pathological Pelvic Dynamics in the Immediate Relief of Low Back Pain (Oct 4, 2008) 7.5 contact hours.

Partridge Seminars (362-985-1188).

MDS II: Managing Difficult Shoulders Part II; A Practical Workshop (Aug. 22-23, 2008). 15 contact hours.

Performance Dynamics, Inc (800-333-0244).

ASTYM Course for the upper Extremity & Shoulder Girdle (March 19-20, 2010). 15.75 contact hours.

ASTYM Course for the Lower Extremity Pelvis, & Lumbar Spine (March 21, 2010). 8 contact hours.

Quantum Neurology (323- 653- 2818).

Module 1 – Motor Rehabilitation Seminar (January 14-15, 2012).

Muscle Lengthening Seminar (February 11, 2012).

Module 2 - Sensory Rehabilitation Seminar (March 8-9, 2012).

Stride Custom Orthotics Inc (800-787-7879)

Clinical Analysis of 24 Adult Foot Types: A Comprehensive Approach to Determining Orthotic Intervention (09/24/2010-9/25/2010). 16 contact hours.

TheraCare Resource, Inc. (866.926.2828).

Module 1: Graston Technique Basic Training (Oct 18-19, 2008). 12 contact hours.

Module 2: Graston Technique Advanced Training (April 4-5, 2009). 14 contact hours.

Spinal Manipulation Institute (334-430-5326).

Part I: High-Velocity Low-Amplitude Thrust Manipulation of Cervical, Thoracic, Lumbar & SI Joints (May 11-12, 2008). 15 contact hours.

Part III: Lumbar and Sacroiliac Dysfunction: Diagnosis & Management with HVLA Thrust Manipulation & Exercise. (May 14-15, 2011). 15 contact hours.

Part II: Cervicothoracic Dysfunction & Cervicogenic Headaches: Diagnosis & Management with HVLA Thrust Manipulation & Exercise (Oct. 1- 2, 2011). 15 contact hours.

SuperSpine Inc. (858-676-2509)

Basic Primal Reflex Release Technique (Nov. 3-4, 2007). 13.2 contact hours.

Intermediate PRRT (Feb. 28, 2008- March 1, 2008). 28 contact hours.

PRRT Advanced Training (August 28-30, 2008). 28 contact hours.

The Institute of Physical Arts (970-870-9521):

Functional Orthopedics 1: An Integrated Manual Therapy Systems (July 14-17, 2005). 30 contact hours.

PNF 1 (June 1-4, 2006). 28 contact hours.

Functional Orthopedics 11 (Nov. 5-8, 2006). 31 contact hours.

Functional Mobilization-Upper Quadrant (6/12/07-6/15/07). 33 contact hours.

Functional Mobilization-Lower Quadrant (10/04/07-10/07/07). 31 contact hours

The Mckenzie Institute USA (1-800-635-8380):

Part A: Lumbar spine (5/20/04-5/23/04). 28 contact hours

Part B: Cervical and Thoracic (6/5/04-6/7/04). 21 contact hours.

Part C: Problem Solving (6/25/04-6/27/04). 21 contact hours.

Part D: Advance Problem Solving and Techniques: A Practical -Workshop (10/21/04-10/24/04). 28 contact hours.

Part E: The Human Extremities (5/15/10-5/16/2010). 14 contact hours.

The Mckenzie Case Manager (2/5/06), Online Course. 12 contact hours.

The Mckenzie Credentialing Exam (2/25/2006).

Total Motion Release (919- 749-2106)

TMR-level 1 (7/21/07-7/22/06). 16 contact hours

TMR-level 2 (9/28/07-9/30/07). 24 contact hours.

University of St. Augustine for Health Sciences (1800-241-1027).

E1-Extremity Evaluation and Manipulation (Jan 21-23, 2005) 36 contact hours.

E2- Extremity Integration (06/24/05-06/26/05). 24 contact hours.

S1: Introduction to Spinal Manipulation Evaluation and Manipulation. (May 11-15, 2005). 40 contact hours.

S2: Advanced Evaluation and Manipulation of Pelvic, Lumbar, and Thoracic Spine (9/30/05-10/2/05). 27 contact hours.

S3: Advanced Evaluation and Manipulation of the Craniofacial Region, Cervical, and Upper Thoracic Spine. (July 21-24, 2005). 32 contact hours.

S4: Functional Analysis and Management of the Lumbopelvic-Hip Complex. (Sept.10-11, 2005). 16 contact hours.

CF1: Basic Cranio-facial (Sept 15-17, 2006). 20 contact hours.

CF2: Intermediate Cranio-facial (Sept 18-20, 2006). 20 contact hours.

MF1: Myofascial Manipulation (10/7/05-10/9/05).24 contact hours.